

Pritam Singh, M.D.

Instructions for Gastroscopy (afternoon)

1. You may have clear liquid diet the morning of your procedure.. A clear liquid diet may consist of: **Black coffee, tea, water, clear fruit juices, broth, soft drinks and Jell-O.** Continue your clear liquid diet up to 4 hours before your procedure.
2. If you are taking heart or high blood pressure medication take your medication the morning of your procedure before 7:00am.
3. If you are taking asthma or diabetes medications, please take your medications with you to your appointment.

You are scheduled for your procedure on:

Date: _____ **Time:** _____

Location:

**_____ Parkway Endoscopy
488 E. Valley Parkway #110
Escondido, CA 92025
760-735-6290**

Please check-in _____ minutes before your scheduled appointment.

Make arrangements for transportation. You will be given medication that unable you to drive. **No driving for 24 hours.** Make sure you have someone that is able to stay with you for 3-4 hours after your procedure

If you have any questions or need to cancel please call the office at 760-743-1033.